## Co-Curricular Activities 1st semester/paper code-104

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## Co-curricular Activities

- Co-Curricular activities are those activities, which are undertaken side by side with the curricular activities.
- They supplement curricular activities and prepare the students in the "Art of Living and Working Together."

 Secondary educational commission (1952 - 1953) comments on the importance of co-curricular activities "co-curricular activities are as integral part of curricular activities of a school and their proper organization needs just as much care and forethought as the organization of curricular activities."

## IMPORTANCE OF CO- CURRICULAR ACTIVITIES IN EDUCATION

- According to Mahatma Gandhi "By education, I mean an all-round drawing out of the best in child and man - body, mind and spirit."
- All-roundness is the theme of modern education which recognizes that when the child comes to the school, he comes for mental, physical, social, spiritual and vocational education and as such he must be educated and nourished in all of them.

 According to the modern concept of education, the three traditional Rs should be replaced by seven Rs, i.e., Reading, Writing and Arithmetic (denoting school subjects in the old concept of education), Rights, Responsibilities, Recreation and Relationships (new four Rs in the context of democratic values). This can be achieved only by providing a well-organized and supervised program of co-curricular activities along with curricular program.

- Co-curricular activities are instrumental for drawing out the best potentialities of the child.
- Boosting the place of the co-curriculum in schools will equip young people with the civic spirit, initiative and organizing skills to set up their own clubs, teams and activity groups when they leave education.

 It ensures that students are exposed to practical tasks, not just what is taught in the class.

 Students have a right to a broad education.



 Successful co-curriculum often depends on building links between the school and the wider community, bringing local enthusiasts in to work with students, and sending students out to work on community projects, help in primary schools, perform for local audiences, etc.

## Principles for the organization Of different co-curricular activities

- The school should have only those activities for which there are possibilities of making them success.
- As far as possible a wide variety of activities may be organized.
- Too many activities should not be introduced at a time.
- The activity should organize within school time.

- Activity should organize under the supervision of teachers who are experts and are really interested.
- As far as possible activities should be of less expensive and feasible.
- Every student should be given equal opportunity.
- In each activity the role of the teacher should be that of a facilitator.
- Each activity should be evaluated and detailed records should be maintained.